

Long Term Care Ombudsman Areas

Illinois Department on Aging Senior
HelpLine: 1-800-252-8966 or
1-888-206-1327 (TTY)

Area 1: 1-800-369-0895

Area 2: 1-800-942-9412
(DuPage)

Area 2: 1-847-741-0404
(Kane, Kendall, McHenry)

Area 2: 1-888-401-8200
(Lake)

Area 2: 1-800-892-1412
(Grundy, Kankakee, Will)

Area 3: 1-800-798-0988

Area 4: 1-309-637-3905

Area 5: 1-800-888-4456

Area 6: 1-800-252-9027

Area 7: 1-800-842-8538

Area 8: 1-800-644-1221

Area 9: 1-800-282-4070

Area 10: 1-888-715-6260

Area 11: 1-800-642-7773

Area 12: 1-312-744-5957

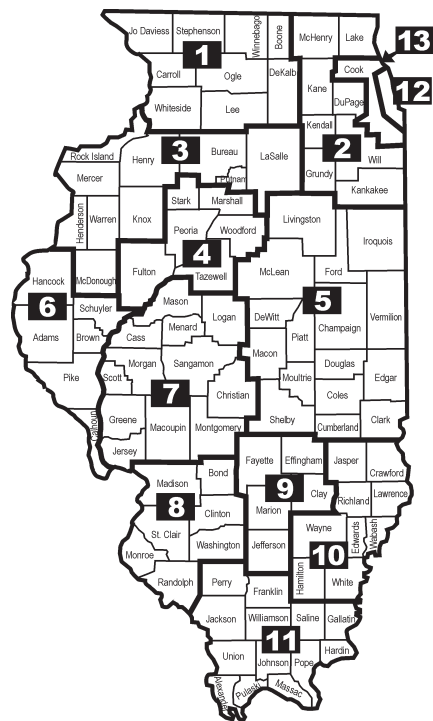
Area 13:

City of Evanston: 1-847-866-2963

All except Evanston: 1-888-401-8200

For more details,

link to the Long Term Care
Ombudsman Program contact list at
[www.state.il.us/aging/1directory/
ombudsmen.pdf](http://www.state.il.us/aging/1directory/ombudsmen.pdf).



Long Term Care Ombudsman services available under the Older Americans Act are provided at no charge; however contributions are gratefully accepted and will help to make services available to more seniors.

Illinois Department on Aging

421 East Capitol Avenue, #100

Springfield, Illinois 62701-1789

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www.state.il.us/aging

The Illinois Department on Aging does not discriminate in admission to programs or treatment of employment in compliance with appropriate State and Federal statutes. If you feel you have been discriminated against, call the Senior HelpLine at 1-800-252-8966 or 1-888-206-1327 (TTY)

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State of Illinois
Rod R. Blagojevich, Governor



Illinois Department on Aging
Charles D. Johnson, Director

You Have a Voice!



Illinois Long Term Care Ombudsman Program

Protecting, Advocating and Promoting Residents' Rights

Illinois Department
on Aging



Illinois Long Term Care **Ombudsman Program**

The program strives to protect and promote the rights and quality of life for those who reside in long term care facilities.

What is an Ombudsman?

Ombudsman is a Swedish word meaning citizen's representative. A Long Term Care Ombudsman is an advocate who seeks to resolve complaints on behalf of people who receive long term care services.

What does an Ombudsman do?

- Receives, investigates and works to resolve complaints made by or on behalf of residents in long term care facilities.
- Seeks a regular presence in all long term care facilities.
- Assures that the interests of residents are represented to policy-makers and governmental agencies.
- Provides educational programs to the community and conducts in-service training to facility staff.
- Assists in developing family councils in long term care facilities.

Anyone can contact an Ombudsman...

- Current or potential residents of long term care facilities;
- Relatives and friends of long term care residents;
- Long-term care employees and administrators;
- Representatives of agencies and professional groups;
- Members of community groups or citizens interested in improving long term care;
- **Anyone!**

Ombudsman services are confidential and free; however, contributions are gratefully accepted.



Residents of long-term care facilities have numerous rights under federal and state law. Some of these rights, in abbreviated form, are listed below:

- Right to be informed about and exercise your rights.
- Right to know about services and financial charges.
- Right to participate in planning your care and treatment.
- Right to refuse treatment.
- Right to confidentiality of records.
- Right to privacy.
- Right to control your finances.
- Right to freedom from abuse, neglect and exploitation.
- Right to freedom from chemical and physical restraints.
- Right to express grievances without fear of retaliation.
- Rights pertaining to admissions, transfers and discharges, including the right to appeal.
- Right to communicate freely with persons of your choice.

